

## Oconto County Commission on Aging, Inc.

1210 Main Street ~ Oconto, Wisconsin 54153

(920) 834-7707 Toll free in Wisconsin 800-649-6568

Website: <http://ocontocoa.com>

JAN. / FEB 2023

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## Test Your Home For Radon

For January only, Oconto County Public Health is offering radon kits at the discounted rate of \$5.

For following are locations where you can get a test kit:

Town of Townsend—715.276.6256 Tuesday 11-5 p.m. Friday 10-2 p.m.

Town of Riverview—715.276.6914 Mon. & Wed. 12-4 pm. 1st & 3rd  
Sat. 8-10 a.m.

Town of Mountain—715.276.6474 Mon & Wed. 10-2 p.m.

City of Oconto Falls—920.846.4505 Mon-Fri. 8 a.m.—4 p.m.

Village of Suring—920.842.2333 Mon-Fri 9 a.m.-4 p.m.

Town of Little Suamico—920.826.7655 Mon-Wed. 10 a.m.—2 p.m.

Oconto Co. Health & Human Services—920.834.7000 Mon-Fri. 8-4 pm.

*Oconto location can also mail test kits. Call for more information about getting a kit mailed or if you have radon questions.*

Radon is the second leading cause of lung cancer in nonsmokers.

You can't see or smell radon gas so the only way to know if you have a radon problem is to test!

# **Programs Available For the Elderly:**

## **Elder Benefits**

The Elderly Benefit Specialist (EBS) provides advocacy and assistance to Oconto County residents, age 60 and older, with issues related to public and private benefits, entitlement programs, and legal services.

The EBS is continually trained and monitored by attorneys knowledgeable in elder law.

The Elderly Benefit Specialists will aid older adults in determining the benefits they are entitled to by performing a "benefit check-up". From here, we will advise and assist with the application process.

### **The Elderly Benefit Specialist Will Assist with:**

- Medicare A, B, C and D
- Supplement Insurance, Medicaid, and Low Income Subsidies.
- Social Security, SSI, Social Security Disability, VA Benefits.
- COP, Spousal Impoverishment and Long Term Support Care.
- Nursing Homes, Housing, Home Health Care.
- Consumer issues.
- Food Share, Fuel Assistance.
- Homestead tax credit.
- Accurate and current information on benefits.
- Explaining legal action or other possible solutions required and assist with appeals.
- Fair hearings, including disability hearings, or hearing with an administrative law judge.

Other concerns affecting older persons.

### **Confidentiality**

All files and correspondence are kept locked and your conversation with the EBS will remain confidential. You may be asked to sign a release of information so the EBS can inquire about benefits on your behalf.

### **Education**

Elderly Benefit Specialist are committed to providing public education through:

- Informal talks to groups of elderly, caregivers and family members throughout the county.
- Newspaper articles, newsletter articles, and radio programs.
- Printed materials, such as brochures and fact sheets.

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Presentations and educational forums.

## **Funding of the Elderly Benefit Specialist**

The EBS program is mandated by, and supported with funds from the State of Wisconsin and the federal Older Americans Act. The State Bureau of Aging and Disability Resources in the Wisconsin Department of Health and Family Services coordinate the program statewide.

There is no charge for the services. Persons assisted by the program are encouraged to make a donation.

## **Foot Clinics**

The Oconto County Commission on Aging offers foot care for the elderly. The Commission on Aging employs Rhonda Kroll, registered nurse, to provide the service. If you wish to make an appointment please call the meal site near you.

The suggested donation for this service is \$20. This is a self-sufficient program, in other words, if the donations do not support the program, it will cease. There are no federal or state grants for this service.

Taking care of your feet is very important to your health.

*Healthy feet are Happy Feet.*

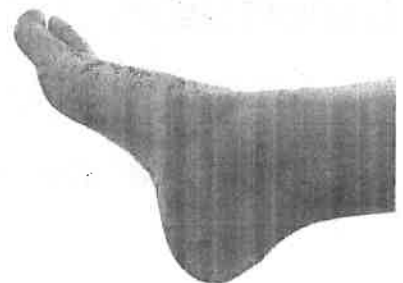
For upcoming Foot Care Clinics, please check our calendar (enclosed).

Oconto: 920.834.7707

Oconto Falls: 920.846.3475

Suring: 920.842.2110

Little Suamico: 920.834.7822 or 920.834.7707



# *Come and Enjoy the Nutrition Centers*

Come and visit our nutrition centers to enjoy a delicious meal, fun and fellowship with your neighbors and friends. Good nutrition is critical to your good health. Oconto County Elderly Nutrition Program offers tasty nutritious meals. Each meal provides 1/3 of the daily amounts of nutrients needed for proper health. There are NO financial restrictions to partake in this program. The only requirement is that you are 60 years of age.

The following are the sites that are open. Be sure to call 24 hours ahead to reserve your meal. Suggested donation for the meals if \$4 per meal.

Oconto Nutrition Center—Lou Ann Hagen-Manager 920.834.7709

Monday through Friday serving at 11:30 a.m. (Approximate time)

Oconto Falls Nutrition Center—Mary Blumreich-Manager 920.846.3475

Monday through Friday serving at 11:30 a.m. (Approximate time)

Suring Nutrition Center—Carol Andrews, Manager 920.590.0878.

Monday through Friday servicing at noon. (Approximate time)

Little Suamico Center—Dawn Brouillard, Manager 920.834.7822 or  
920.834.7707

Mountain Center—Carolyn Burkart, Manager 920.629.0507

Serving Tuesday & Thursday at noon.

Cards available after.





# Senior Stockbox Program

We have joined the Hunger Task Force to distribute Stockboxes to Seniors. What is a Stockbox? It is a box of shelf stable foods and a block of cheese.

## Qualifications

To receive a Stockbox you must be over 60 years of age and declare you have an income less than \$1,473 or less per month (\$1,984 for a two-person household). Each person over 60 can receive a Stockbox if they meet the qualifications.

## Dates we Receive the Boxes

February 22nd

March 29th

April 26th

May 24th

June 28th

July 26th

August 23rd

September 27th

October 25th

November 22nd

December 27th

